



Nature's Snack Food

Ph 0800 466 889 NZ Ph 1800 466 889 AU

196 Swanson Road, Henderson P O Box 21 086, Henderson, Auckland 0650, NZ

sales@gonutz.co.nz [www.gonutz.co.nz](http://www.gonutz.co.nz)

## Almonds roasted & lightly salted

|   |  |   |           |
|---|--|---|-----------|
|                                | <p><b>Features:</b><br/>Freshly roasted natural Almonds with a hint of salt.</p> <p>Low sodium</p> |   |           |
| <p><b>Fill weight:</b><br/>45g</p>  | <p><b>Packaging:</b><br/>P.E.T. snack tub, composite PET/PE lid</p>                                | <p><b>Cartons:</b><br/>12x 18x</p>  |           |
| <p><b>Ingredients:</b><br/>Almonds, Sunflower oil, salt. Tubs gas flushed with CO<sub>2</sub>/N<sub>2</sub></p> |  |   |           |
| <p>May contain traces of Cashews &amp; Peanuts</p>  |  |   |           |
| <p><b>Country of Origin:</b> Made in NZ from local &amp; imported materials</p>                                 |  |   |           |
| <p><b>Shelf life:</b> Tubs -Best before 9 months</p>  |  |   |           |
| <p><b>Storage:</b> ambient, clean &amp; dry, avoid strong light</p>   |  |   |           |
| <p><b>GMO Status:</b> Nil</p>   |  |   |           |
| <p><b>Processed on machinery that also processes peanuts and other tree nuts.</b></p>                           |  |   |           |
| <p><b>Allergen &amp; Intolerance Agents – contains / may contain:</b></p>                                       |  |   |           |
| <p><b>Cashews</b></p>   | <p>Traces possible</p>   | <p><b>Gluten</b></p>  | <p>No</p> |
| <p><b>Peanuts</b></p>   | <p>Traces possible</p>   | <p><b>Crustacea</b></p>   | <p>No</p> |
| <p><b>Sesame</b></p>  | <p>No</p>  | <p><b>Fish</b></p>  | <p>No</p> |
| <p><b>Soy</b></p>   | <p>No</p>  | <p><b>Eggs</b></p>  | <p>No</p> |
| <p><b>Milk (Dairy)</b></p>  | <p>No</p>  | <p><b>Sulphites</b></p>   | <p>No</p> |
| <p><b>Bee pollen, propolis, Royal jelly</b></p>   | <p>No</p>  | <p><b>Lupin</b></p>   | <p>No</p> |
| <p><b>Nutritional data (averages)</b></p>   | <p>Per 100g</p>  | <p>45g serving</p>  |           |
| <p>Energy (kJ)</p>  | <p>2600</p>  | <p>1170</p>   |           |
| <p>Protein (g)</p>  | <p>21</p>  | <p>9.5</p>  |           |
| <p>Fat total (g)</p>  | <p>55</p>  | <p>25</p>   |           |
| <p>Fat saturated (g)</p>  | <p>4</p>   | <p>1.8</p>  |           |
| <p>Carbohydrate (g)</p>   | <p>7</p>   | <p>3.2</p>  |           |
| <p>Sugars (g)</p>   | <p>5</p>   | <p>2.3</p>  |           |
| <p>Dietary Fibre (g)</p>  | <p>11</p>  | <p>5</p>  |           |
| <p>Sodium (mg)</p>  | <p>100</p>   | <p>45</p>   |           |

Updated Aug 2024

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details

Please consult GONUTZ technical or your health professional for any specific dietary concerns.