





Nature's Snack Food

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## Fruit & Nut Naturals

	<p><b>Features:</b> A luxury blend of raw cashews &amp; almonds with raisins, apple, cranberries &amp; apricots.</p> <p>No added peanuts (but may contain traces)</p> <p>Specially prepared to have less than 60mg per tub of sodium.</p>		
<p><b>Packaging:</b> P.E.T. snack tub, composite PET/PE lid</p>	<p><b>Fill weight:</b> 50g tub</p>	<p><b>Cartons:</b> 12x 18x</p>	
<p><b>Ingredients:</b> Raw <b>CASHEWS &amp; ALMONDS</b> with Raisins, Cranberries, Apples, Apricots, vegetable oil.</p>			
<p>May contain: PEANUTS, HAZELNUTS, BRAZIL NUTS or WALNUTS</p>			
<p>Tubs gas flushed with CO<sub>2</sub>/N<sub>2</sub></p>			
<p><b>Country of Origin:</b> Produced in NZ from local &amp; imported materials</p>			
<p><b>Shelf life:</b> Best before 9 months (tubs)</p>			
<p><b>GMO Status:</b> Nil <b>Storage:</b> ambient, clean &amp; dry, avoid strong light</p>			
<p><b>Allergen &amp; Intolerance Agents – contains / may contain:</b></p>			
<p><b>Tree Nuts (CASHEWS, ALMONDS)</b></p>	<p>Yes</p>	<p><b>Gluten</b></p>	<p>No</p>
<p><b>Peanuts, Hazelnuts, Brazil nuts, Walnuts</b></p>	<p>Traces</p>	<p><b>Crustacea</b></p>	<p>No</p>
<p><b>Sesame</b></p>	<p>No</p>	<p><b>Fish</b></p>	<p>No</p>
<p><b>Soy products</b></p>	<p>No</p>	<p><b>Eggs</b></p>	<p>No</p>
<p><b>Milk (Dairy)</b></p>	<p>No</p>	<p><b>Sulphites</b>&gt;10ppm</p>	<p>No</p>
<p><b>Bee pollen, propolis, Royal Jelly</b></p>	<p>No</p>	<p><b>Lupins</b></p>	<p>No</p>
<p><b>Nutritional data (averages)</b></p>	<p>Per 100g</p>	<p>50g serving</p>	
<p>Energy (kJ)</p>	<p>1700</p>	<p>850</p>	
<p>Protein (g)</p>	<p>8</p>	<p>4</p>	
<p>Fat total (g)</p>	<p>20</p>	<p>10</p>	
<p>Fat saturated (g)</p>	<p>2</p>	<p>1</p>	
<p>Carbohydrate (g)</p>	<p>50</p>	<p>25</p>	
<p>Sugars (g)</p>	<p>42</p>	<p>21</p>	
<p>Fibre (g)</p>	<p>4</p>	<p>2</p>	
<p>Sodium (mg)</p>	<p>40</p>	<p>20</p>	

Updated Aug 2024

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details

Please consult GONUTZ technical or your health professional for any specific dietary concerns.